

Bob & Willa Moss Co-Head Coaches



Bob and Willa Moss, a husband and wife team that originated the Little Rock Gymnastics Center back in 1976, are Co-Head Coaches of the Centenary Ladies. Both are 33 years old and attended Southeastern Louisiana University starting in 1969.

Bob was a competitive trampolinist under previous Ladies Coach Vannie Edwards,

who was a national champion in 1970 and a member of the All-America Trampoline team the following season.

Willa trained under Edwards as well in all-around competition, and in 1971 she became a judge of national meets — a task she at times still undertakes.

In 1973, a year before they would be married, the Mosses went in different directions. Bob traveled with Edwards as his assistant to Southwest Junior College in Summit, Mississippi. Willa moved back home to New Jersey and taught in the public school system there until 1976. Once married the couple managed a gymnastics training club in New Jersey through that same year.

In the fall of 1976 the Mosses took their gymnastic talents and teaching abilities south to Little Rock, where they operated until their appointment at Centenary. At the Little Rock Gymnastics Center they taught 400 class students per year as well as 50 or so competitive gymnasts.

The Mosses like the gymnastics climate and potential for growth in the Shreveport area. Not that Vannie Edwards didn't help get the ball rolling.

"Vannie is to women's gymnastics what Vince Lombardi was to football," said Bob Moss. "You really don't fill someones shoes like him, but you just do the best you can to make a good situation better. That is what my wife and I will try to do."

The soon-to-be-built training center will be erected in the southeast part of Shreveport with the probable site being in the vicinity of LSU-S off of Youree Drive and Bert Kouns.

"Our goal for the center will be to develop national and international gymnasts," stated Moss, "who will represent Shreveport and the State of Louisiana."

Three years after the duo arrived on the scene in Little Rock, they coached their first national gymnastics champion, Beth Pope. Since that first title captured by Pope, the Mosses have guided two other gymnasts to numerous other national championships.

Jill Brown — Assistant Coach

Jill Brown, who teaches gymnastics classes with Bob and Willa Moss, also serves as Assistant Gymnastics Coach of the Centenary Ladies. The Mosses and Brown operate American Gymnastics in Shreveport.

Brown earned All-American honors in all four years she competed for Centenary (1980-83) under Coach Vannie Edwards. That feat has only been accomplished by three other Centenary gymnasts: Margot Todd Evans, Jennifer Forshee and Janet Stevens.

In 1983, her senior year, Brown was named "NAIA Gymnast of the Year" after putting together a 34.67 all-around average in seven meets.

1986 Lady Gymnastics Schedule

DAY	DATE	OPPONENT	SITE
Fri.	Jan. 10	Auburn	Auburn, AL
Sat.	Jan. 18	Odessa Jr. College	Odessa, TX
Thu.	Jan. 23	SOUTHERN ARKANSAS	GOLD DOME
Thu.	Jan. 30	Louisiana State University	Baton Rouge, LA
Sat.	Feb. 1	Southwest Texas Invitational	San Marcos, TX
Fri.-	Feb. 7	Winter Sun Classic	Denton, TX
Sat.	Feb. 8		
Fri.	Feb. 14	HOUSTON BAPTIST	GOLD DOME
Wed.	Feb. 19	Southern Arkansas	Camden, AR
Fri.	Feb. 21	GEORGIA COLLEGE	GOLD DOME
Sat.	Mar. 1	Houston Baptist	Houston, TX
Fri.-	Mar. 7	NAIA National Champion-	Oak Clair, WI
Sat.	Mar. 8	ships — hosted by the Univ. of Wisconsin-Oak Clair	

ALL HOME MEETS ARE IN THE GOLD DOME, BEGIN AT 7:30 PM, AND ARE DESIGNATED BY ALL CAPS

The All-Americans

- 1965-66 Susan McDonald, Marianne Woolner, Paula Chris, Mary Camille Traweek and Mary Bankston
- 1966-67 Janie Speaks, Karen Lively, Marianne Woolner, Susan McDonald and Diane Masse
- 1967-68 Debbie Bailey, JoAnn Connelly, Mickey Adams, Karen Lively and Judy Johnson
- 1968-69 Karen Lively, Mickey Adams, JoAnn Connelly and Jan Wheatley
- 1976-77 Janie Van Eman
- 1977-78 Kathy Johnson, Beth Johnson, Jeanelle Bertling and Gigi DeJong
- 1978-79 Kathy Johnson, Beth Johnson, Jeanelle Bertling, Emily May and Denise Balk
- 1979-80 Beth Johnson, Jennifer Forshee, Margot Todd, Jill Brown, Sue Haynie, Kim Strauss and Karen Edelston
- 1980-81 Margot Todd, Kim Strauss, Jennifer Forshee, Jill Brown and Sue Haynie
- 1981-82 Margot Todd, Janet Stevens, Susan Gibson, Jill Brown and Jennifer Forshee
- 1982-83 Jill Brown, Jennifer Forshee and Janet Stevens
- 1983-84 Margot Todd Evans, Jessica Soileau, Suzanne Reasor and Janet Stevens
- 1984-85 Janet Stevens, Suzanne Reasor, Susan Gibson, Holly Rucker and Loye Walker

CENTENARY LADIES GYMNASTICS



1986

Centenary's Ladies

TAMMY COLLINS (5-2, freshman all-around, Baton Rouge High School, Baton Rouge, Louisiana) ... best events are the uneven bars and the floor exercise, but has the talent to compete in every event ... a member of the 1984 Baton Rouge High team that won the Louisiana Division II State Championship ... coached by Kevin Nee and Smo Didomenica ... born 11-16-67 ... parents are Glenn and Linda Collins ... has two sisters ... biology/pre-med major.

LORI CUNNINGHAM (5-6, freshman all-around, O. Perry Walker High School, New Orleans, Louisiana) ... redshirted last year when she suffered a season ending injury in practice the day before the opening meet against Southern Arkansas-Tech (tore ligaments in right knee on a dismount from the bars that required surgery) ... back at full strength this year ... during her last prep season she competed in the Class I Regionals ... started dancing at the age of three and took up gymnastics when nine years old ... coached by Bill and Joy Schmidt ... born 4-9-66 ... parents are Ernest and Jean Cunningham ... has one brother and two sisters ... biology major.

JULIE GOODWIN (5-6, freshman all-around, Westlake High School, Austin, Texas) ... one of three praised freshman that Centenary Coaches Bob and Willa Moss have high hopes for at Centenary ... early on her best event appears to be the floor exercise, but she will be counted on heavily in other areas as well ... born 4-16-67 ... parents are James and Patricia Goodwin ... has one sister ... majoring in business.

MARY BETH HEBERT (5-1, junior all-around, Mt. Carmel High School, New Iberia, Louisiana) ... participated in all 8 of the Ladies' meets a year ago, primarily on the balance beam and floor exercise ... as a freshman she missed over half the year with nagging injuries, but did post her career high score of 8.7 on the vault against Memphis State in the Gold Dome that year ... routines are designed to go for the big score ... competed for the Acadiana Gymnastics Training Center in Lafayette, Louisiana, before enrolling at Centenary ... placed sixth at the USFG State Championships as a Class I gymnast ... coached at Acadiana by Gary Smith ... born 3-5-65 in New Iberia ... parents are Ralph and Olga Hebert ... two brothers and two sisters ... majoring in business.

RINA HOUSE (5-2, sophomore all-around, Wynne High School, Wynne, Arkansas) ... worked mainly on the vault and uneven bars last season ... high score last winter as a freshman came on the bars (8.60) ... averaged 8.06 on the bars in 8 meets ... a Class II State uneven bar Champion back in 1983 as well as Class III in 1981 ... Class III State Champion (all-around) in 1981 ... crowned Cross County Junior Miss and competed in Arkansas Junior Miss (a finalist in two events) ... began gymnastics competition at 13 ... coached by Jan and Louis Hartley ... born 4-14-66 ... parents are Barry and Elaine House ... has two brothers ... biology major.

KATRINA KELLOGG (4-11, senior all-around, Bowie High School, Arlington, Texas) ... chosen Academic All-American last year ... her specialty is the floor exercise where she notched her career high score of 9.2 against UTEP as a freshman ... season high of 8.85 last year as a junior also came on the floor ... can score big in all events, and showed versatility with an 8.5 on the bars and two scores of 8.65 on the vault as a sophomore ... averaged 32.00 in all-around during her freshman tour ... competed with the Arlington Gymnastics Club as a Class I gymnast, after she transferred to Arlington High before her junior year ... born 11-9-63 in Arlington ... parents are David and Judy Kellogg ... has one brother and one sister ... majoring in English.

HOLLY RUCKER (5-5, junior all-around, Lakeside High School, Hot Springs, Arkansas) ... earned All-American honors with an 8.3 on the balance beam at the NAIA Nationals last season in Minot, North Dakota ... collegiate high score of 8.9 came in the Gold Dome against LSU as a freshman ... 8.85 is her best on the beam on a couple of occasions ... competed exclusively on the vault and beam for the Ladies a year ago with averages of 8.31 and 8.23, respectively ... named the Most Outstanding Gymnast her final prep season and a Class I USGF Regional qualifier that same year ... also the district all-around champion, state vaulting champion and runner-up on the beam ... received Outstanding English Student Award at Lakeside High ... coached by Bob and Willa Moss, who will now coach her again at Centenary ... born 9-17-65 ... parents are James and Ellen Rucker ... majoring in biology.

SUSAN SWOBODA (5-6, junior all-around, Olympia High School, Bremerton, Washington) ... a transfer to Centenary from Spokane Community College this season ... competed primarily on the uneven bars and vault for the Sasquatch team that finished as runner-up at the National Junior College Meet ... coached by Rick Harrison at Spokane Community ... as a senior at Olympia High was voted the Outstanding Athlete while lettering in gymnastics, cross-country and track ... coached by Greg Skinner at Olympia High ... will give the Ladies valuable experience (squad consists of one senior, three juniors, two sophomores and three freshmen) ... born 4-7-64 ... parents are Arthur and Eleanor Swoboda ... has two brothers ... physical education major.

LOYE WALKER (5-6, sophomore all-around, Hallsville High School, Hallsville, Texas) ... All-American as a freshman at the NAIA Nationals in both the all-around (34.60) and the balance beam (8.75) ... those scores were good for fourth and second place finishes, respectively ... compiled the third highest all-around average on the Centenary team a year ago at 31.73 ... her individual event high score came on the beam against Texas Womans University at the Gold Dome (9.20) ... her top all-around score of 34.85 came in the same meet ... competed in three National Flite meets in high school ... coached by ex-Centenary Coach Vannie Edwards and Randy Fox during prep career ... born 4-21-66 in Winnfield, Louisiana ... parents are Randall and Beverly Walker ... has one sister ... art major.

1986 Roster

GYMNAST	EVENT	HT	CL	EXP	HOMETOWN
Tammy Collins	AA	5-2	Fr.	HS	Baton Rouge, La.
Lori Cunningham	AA	5-6	Fr.	RS	New Orleans, La.
Julie Goodwin	AA	5-6	Fr.	HS	Austin, Tx.
Mary Beth Hebert	AA	5-1	Jr.	2L	New Iberia, La.
Rina House	AA	5-2	So.	1L	Wynne, Ark.
Katrina Kellogg	AA	4-11	Sr.	3L	Arlington, Tx.
Holly Rucker	AA	5-5	Jr.	2L	Hot Springs, Ark.
Susan Swoboda	AA	5-5	Jr.	TR	Bremerton, Wa.
Loye Walker	AA	5-6	So.	1L	Hallsville, Tx.

About Centenary and Ladies Gymnastics

LOCATION: Shreveport, Louisiana. **NICKNAME:** Ladies. **COLORS:** Maroon and White. **ENROLLMENT:** 800. **PRESIDENT:** Dr. Donald A. Webb. **ATHLETIC DIRECTOR:** Walt Stevens. **SPORTS INFORMATION DIRECTOR:** Pat Booras. **SID'S PHONE:** Office (318) 869-5092, Home (318) 868-3382. **TRAINER:** Ken Rogers. **HOME COURT:** Gold Dome (4,000). **AFFILIATION:** NAIA District 30.

HEAD COACHES: Bob and Willa Moss (Southeastern Louisiana). **CAREER COACHING RECORD:** 0-0, 1st year. **RECORD AT CENTENARY:** 0-0, 1st year. **ASSISTANT COACH:** Jill Brown (Centenary, 1983).

1985 RECORD AND HIGHLIGHTS: Ladies ended last season as national runner-up to Winona State University in the NAIA National Tournament held at Minot, North Dakota ... 1985 tournament record was 17-7 as the Ladies recorded their 12th consecutive winning season ... five All-Americans in Janet Stevens, Loye Walker, Suzanne Reasor, Susan Gibson and Holly Rucker ... 2-1 record in the Gold Dome a year ago.

RETURNING LETTER WINNERS: Five. Holly Rucker, Mary Beth Hebert, Katrina Kellogg, Rina House and Loye Walker.

REDSHIRT RETURNING: One. Lori Cunningham.

NEWCOMERS: Three. Tammy Collins, Julie Goodwin and Susan Swoboda.

LETTER WINNERS LOST: Five. Janet Stevens, Susan Gibson, Suzanne Reasor, Robin Buckman and Diana Marble.

